

# Gout

## A GROWING GLOBAL ISSUE

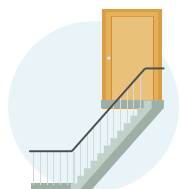
Gout, a debilitating form of inflammatory arthritis, affects more than 40 million people worldwide.<sup>1</sup>



Caused by buildup of uric acid in the joints, gout can:



Cause excruciating pain



Make daily life tasks difficult



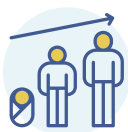
Interfere with work productivity



Cause social isolation and loneliness

With cases increasing year-over-year, gout's global burden is growing.

Driving factors include:



### SOCIETAL AGING

As people age, kidney function tends to decrease, reducing the body's ability to eliminate uric acid.



### LACK OF DISEASE AWARENESS

Patients and primary care providers may not fully understand gout, leading to underdiagnosis.



### LIFESTYLE AND DIETARY CHANGES

Diets higher in purine-rich foods, like red meat and alcohol, increase the risk for gout.



### UNDERTREATMENT

Stigma, poor access to specialty care and cost can make it difficult for patients to control their condition.

Reducing gout's growing burden requires:

- ✓ Heightened public awareness
- ✓ Widescale prevention practices
- ✓ Improved treatment access



1. <https://pubmed.ncbi.nlm.nih.gov/31836936/>