Gout, a debilitating form of inflammatory arthritis, affects more than 40 million people worldwide.¹

Caused by buildup of uric acid in the joints, gout can:
- Cause excruciating pain
- Make daily life tasks difficult
- Interfere with work productivity
- Cause social isolation and loneliness

With cases increasing year-over-year, gout’s global burden is growing.

Driving factors include:
- **SOCIETAL AGING**
  As people age, kidney function tends to decrease, reducing the body’s ability to eliminate uric acid.
- **LIFESTYLE AND DIETARY CHANGES**
  Diets higher in purine-rich foods, like red meat and alcohol, increase the risk for gout.
- **LACK OF DISEASE AWARENESS**
  Patients and primary care providers may not fully understand gout, leading to underdiagnosis.
- **UNDERTREATMENT**
  Stigma, poor access to specialty care and cost can make it difficult for patients to control their condition.

Reducing gout’s growing burden requires:
- Heightened public awareness
- Widescale prevention practices
- Improved treatment access

¹ https://pubmed.ncbi.nlm.nih.gov/31836936/