

# GETTING AHEAD OF GOUT IN AUSTRALIA

More than  
**1 MILLION AUSTRALIANS**  
live with **gout**, an  
inflammatory arthritis.<sup>1</sup>



Caused by uric acid buildup  
in the body's joints and tissues,

**GOUT IS AN EXCRUCIATING  
CONDITION THAT:**



Is marked by  
**debilitating attacks**



**Severely impacts quality  
of life**, ability to work and  
care for family



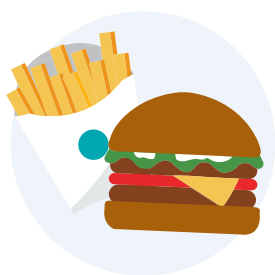
**Leads to social isolation**,  
depression, and stigmatization

## GOUT IS ON THE RISE IN AUSTRALIA.

The number of Australians hospitalized  
for gout **has risen yearly**.<sup>2</sup>



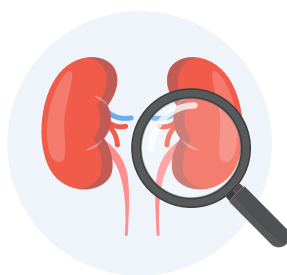
## GOUT'S GROWING BURDEN STEMS FROM:



**Changes in diets  
and lifestyles**



**Patients not  
seeking treatment  
for gout**



**Growing  
prevalence** of  
kidney disease



**Lack of gout  
awareness**



Gout is treatable, and patients  
can live well with the condition.  
**Getting ahead of gout begins  
with seeking treatment for gout.**



1. [aihw.gov.au/getmedia/a05b441f-5d29-46da-b537-039e7d36d05f/Gout.pdf.aspx?inline=true](http://aihw.gov.au/getmedia/a05b441f-5d29-46da-b537-039e7d36d05f/Gout.pdf.aspx?inline=true)

2. [pubmed.ncbi.nlm.nih.gov/27455925/](http://pubmed.ncbi.nlm.nih.gov/27455925/)

**#GlobalGoutAwareness**