# **Chronic Kidney Disease**

A GLOBAL CHALLENGE

Each year, chronic kidney disease claims the lives of more than 1 MILLION people across the globe. More than 800 million people live with the disease.

#### WHAT IS CHRONIC KIDNEY DISEASE?

Chronic kidney disease causes the kidneys to gradually lose effectiveness in filtering blood over time. It can be brought on by:



Genetic predisposition



Cardiometabolic conditions



Lifestyle and diet



Social determinants of health.



#### **BURDEN**



### PHYSICAL

Patients with late-stage disease may require dialysis or a kidney transplant



#### **EMOTIONAL**

Depression and anxiety often accompany chronic kidney disease



#### **FINANCIAL**

Late-stage treatment can cost more than \$100,000 per year per patient



#### SOCIETAL

Black, South Asian and Hispanic people are more likely to develop chronic kidney disease

## **Kidneys**

process blood to remove toxins and waste from the body.

# Patient-centered care reduces the burden of chronic kidney disease.



#### Patients need:

- Help managing risk factors
- Access to healthy diets and regular exercise
- Regular screening and diagnosis
- Equitable access to care and treatment



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