WHAT WILL A CHOLESTEROL TEST TELL YOU?

A blood test should give you four measurements:

Total cholesterol | LDL cholesterol | HDL cholesterol | Fasting triglycerides

HOW CAN YOU TREAT HIGH LDL CHOLESTEROL?

The most common medication to treat high cholesterol:

- Statins
- Ezetemibe
- PCSK inhibitors

Your health care provider should recommend the best treatment options for you. Cholesterol medication should be taken regularly, accompanied by a healthier lifestyle.