

High Cholesterol

Know Your Risk



HOW CAN YOU MANAGE HIGH CHOLESTEROL LEVELS?

Most patients with high cholesterol levels **feel perfectly healthy**. High cholesterol is often called a **“silent killer”**, because there are usually **no warning signs** or symptoms.



Routine cholesterol testing allows you to stay on top of managing your cholesterol levels.

WHEN SHOULD YOU TEST FOR HIGH CHOLESTEROL?

You should **get tested** as early as possible if you have one or more of the following **risk factors**:



Personal history of high cholesterol, heart disease or strokes



Family history of high cholesterol, heart disease or strokes



Existing conditions such as diabetes and hypertension



Excess weight or obesity



Heart disease